

# Couples Counseling Is Now Available at Riveon

## WHAT IS COUPLES COUNSELING?

Couples counseling is a form of therapy that **helps couples improve their relationship** by addressing conflicts, communication issues, and other challenges they may face.



### WHY START COUPLES COUNSELING?

- Build a stronger relationship
- Work on relationship challenges
- Prevent future relationship challenges

For more information,  
talk to your treatment team  
or **call 440.204.4263**

### COUPLES COUNSELING

- Is a team effort
- Focuses on your relationship
- Aims to make improvements in your relationship
- Improves communication
- Improves conflict resolution skills
- Strengthens your bond with your partner
- Allows for individual growth

